



# Sunshine Academy Infant One

## March 2019: Opposites Attract



	Mon	Tue	Wed	Thu	Fri
Hard/Soft					1 Explore Apples vs. Applesauce Read "Touch and Feel" Books with Soft Blankets
Wet/Dry	4 Search and Explore Wet and Dry Objects on Walk Dirt and Mud Play	5 Wash Baby Dolls Dry and Wrap Baby Dolls in Blankets	6 Read <u>My First Opposites Book</u> , Feel Dry Sand Mix Water with Sand	7 Chalk Art Paint with Watercolors	8 Sing Mr. Dave's "Hand Song," Explore Flour Create Flour Dough
Up/Down	11 Roll Up and Down Mat in Gym Lift Feet Up and Down	12 Read <u>Quiet Koala...</u> , Explore Ball Maze Tower Sing "Up and Down" with Arm Movements	13 Build With Blocks and Push Them Over Raise and Lower Soft Toys	14 Perform Up and Down Yoga Roll Ball Down Ramp with Paint	15 Wave Scarves Up and Down Blow Bubbles Up and Down
Loud/Quiet	18 Listen for Sounds on Neighborhood Walk Read <u>Music Is...</u> , Explore Music Shakers	19 Create Animal Noises at Different Volumes Explore Loud vs Quiet Animals	20 Dance to Loud Music Paint to Quiet Music	21 Clap Hands Loudly and Softly Explore Drum Sounds	22 Play Loud Peek-a-Boo Game Create Loud and Quiet Color Mural
In/Out	25 Explore Tunnels Wind a Jack-in-the-Box	26 Climb In and Out of Boxes Put Hands in Puppets, Sing Dave's "Funky Monkey"	27 Read <u>Olivia's Opposites</u> , Explore Ball Pit Put Pom Poms In a Box and Take Them Out	28 Pull Scarves Out of a Box Explore Sponges In and Out of Water	29 Hide a Toy in Container Game Dance to the "Hokey Pokey"