



Sunshine Academy Preschool

December 2017: Exploring Feelings through Fiction



	Mon	Tue	Wed	Thu	Fri
My Emotions					1 <u>Many Colored Days</u> , Paint Our Feelings Stations: Mirror Observations, Matching, Stamping
Afraid	4 <u>Monster at End of Book</u> , Shape Monsters Play Monster Tag at the Park	5 <u>Wemberly Worried</u> , Journal: I Was Worried When Show and Tell: What Makes Me Feel Safe	6 <u>Nightmare in My Closet</u> , Closet Door Monsters Wrap Baby Dolls Put Them to Bed with Lullabies	7 <u>Mama Mama Red Pajama</u> , Shad-ow Puppets Journal: I am Brave because....	8 Go Away Big Green Monster, Color Mixing Make and Explore Green Goo
Angry	11 Read <u>Sofie Gets Angry</u> , Say and Write 1-10 Individual Watercolor Sunset Paintings	12 <u>Where Wild Things Are</u> , Jungle Collage Make and Explore Playdough	13 Read <u>I Was So Mad</u> , Calming Yoga Chart Choices of What to Do When Angry	14 Read <u>Angry and You Know It</u> , Feather Blow Blow Pom Poms with Straws Across Floor	15 <u>Lilly's Purple Plastic Purse</u> , I Was Mad When... Puppet Play: How to Apologize and Move On
Sad	18 <u>My Friend is Sad</u> , Role Play Cheer Up Ideas Tear Drop Painting with Pipettes	19 <u>Chrysanthemum</u> , Discuss Teasing vs Kind Words Name Match Game	20 <u>Everybody Gets the Blues</u> , Write a Blues Song Paint to Blues Music	21 <u>Glad Monster, Sad Monster</u> , Feelings Masks Make a Feelings Word Wall	22 <u>Alexander and the Terrible...</u> , Journal: My Bad Day Sing Dave's Alexander Song with Our Own Scenarios
Happy	25 School Closed Christmas Day	26 <u>I Like Me</u> , Journal: I Am Happy When... Make a Card for a Friend	27 <u>I Like Myself</u> , Chart What Makes Us Happy Read and Sing "Happy and You Know It..."	28 Sing and Sign to <u>More We Get Together</u> Sing, Dance, and Clap to "I am Happy"	29 Read <u>What I Like</u> , Favorite Things Song Happy New Year Collage

Sensory Table
Colored Paper Shape Outlines, Goo, Water and Cups, Snow

Pretend Play
Puppets, Stuffed Animals, Family Costumes, Baby Dolls

Blocks
Unit Blocks, Family Dolls, Giant Pattern Blocks

Easel
Cards, Numbers, Feelings Words

Science Area
Mirrors, Emotions Stamps, Emotions Photos