



Sunshine Academy Toddler One

December 2018: Alphabet Soup



	Mon	Tue	Wed	Thu	Fri
Healthy Eating	3 <u>A</u> Read <u>Eating the Alphabet</u> , Stamp with Apples Sing "ABC's," Magnetic Letters in Sensory Table	4 <u>B</u> Smash and Taste Bananas Build with Letter Blocks	5 <u>C</u> Make Cheerios and Glue Art Sing "C Is for Cookie," Play Name Game	6 <u>D</u> Practice Pouring Drinks into Cups Dance to Dave's "Chicka Chicka Boom Boom" Song	7 <u>E</u> Explore an Eggplant, Taste Roasted Eggplant Sing "Apples and Bananas," Eat Apples and Bananas
Exploring Foods	10 <u>F</u> Forks in Bread Dough Art Play "Fruit Guessing" Game	11 <u>G</u> Sort Foods from the Garden Pick Up Goki Fish with Finger Pinch	12 <u>H</u> Horseradish Smelling and Tasting Hide and Seek Food Toys in the Classroom	13 <u>I</u> Explore Colored Ice Cubes in Sensory Table Make Ice Pops with Yogurt	14 <u>J</u> Spread Jam on Bread Make Jelly Jar Shakers
Home Cooking	17 <u>K</u> Wash Kale and Taste <u>L</u> Observe, Taste and Squeeze Lemons	18 <u>M</u> Milk Tasting and Open Cup Practice <u>N</u> Nibble on a Nectarine	19 <u>O</u> Explore and Taste Oranges <u>P</u> Make and Taste Pancakes	20 <u>Q</u> Explore and Taste Quinoa <u>R</u> Explore and Taste Shredded Radish	21 <u>S</u> Make and Taste Alphabet Soup <u>T</u> Sort Tomatoes by Size, Color, Smash in Sensory Table
Fun with Fruits and Veggies	24 No School Christmas Eve	25 No School Christmas Day	26 <u>U</u> Read <u>The Ugly Vegetables</u> , Explore Squash <u>V</u> Veggie Texture Painting	27 <u>W</u> Explore and Taste Watermelon <u>X</u> "X-tra Veggies Please" Try a New Veggie	28 <u>Y</u> Identify Yellow Veggies <u>Z</u> Explore and Taste a Zucchini

Sensory Table
Ice, Smash Bananas, Pretend Food, Tomatoes

Pretend Play
Kitchen Play, Pretend Food, Dress Up Chefs

Easel
Paint with Veggies, Color Our Names, Cereal Art