



Sunshine Academy Toddler One

November 2018: My Body



	Mon	Tue	Wed	Thu	Fri
My Body				1 Identify Our Friends and Give High Fives Read <u>Head to Toe</u> , Practice Movements	2 Sing "Head Shoulders" in Chinese with Movements Create Classroom Body Book
Head/Face	5 Identify Parts of Face and Point to Our Own Make a Face Collage	6 Play "Peek a Boo" with Animal Friends <u>Brown Bear</u> Play "What Do We See" on Walk	7 Go on a Sound Hunt During a Walk Sing "Listen to the Animals" Make a Music Collage	8 Read <u>Calm Down</u> Practice Deep Breathing Explore Scents with Sensory Items	9 Read <u>Teeth Are Not for Biting</u> Have a Taste Test Sing "Apples and Bananas" Eat a Healthy Snack
Arms/Hands	12 No School Veterans Day	13 <u>Hands Are Not for Hitting</u> Gentle Touch Build Tower with Our Hands and Duplos	14 Make Hand Prints with Playdough Tools Dig in Dirt in Sensory Table for Treasure	15 Use Pretend Sink and Practice Washing Hands Sing Hand Holding Songs and Practice	16 Practice Baby Signs Pop Bubbles and Practice Clapping
Tummy/Torso	19 <u>Where is Baby's BellyButton?</u> Body Vocabulary Balance on Our Bellies on Large Ball	20 Make a Healthy Food Book Make a Fruit and Vegetables Collage	21 Practice Baby Yoga Explore with Mirrors	22 No School Thanksgiving Break	23 No School Thanksgiving Break
Legs/Feet	26 Practice Quiet and Loud Stomping Feet Have a Obstacle Course in Gym	27 Read <u>Busy Spider</u> Count Animal Legs Make Foot Prints on Paper	28 Crawl Through Tunnels Ride Cozy Coupes and Scooters in Gym	29 Dance with Scarves Go on a Texture Sensory Walk	30 Play "Shoe Color" Match Game Count Our Toes
Sensory Table Lemons, Leaves, Explore Scents with Sensory Items, Dig in Dirt		Pretend Play Play Peek a Boo with Stuffed Animals, Dig for Treasures, Practice Washing Hands		Block Area Tower Building with Duplos, Texture Walk Materials	