



# Sunshine Academy Preschool

## January 2018: Music and Movement



**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

Introduction	1 <b>School Closed New Years Day</b>	2 KWL: What Do We Know about Music Guess that Sound	3 Musical Acrostic Poem Dance with Props	4 Movement Circuit Stations around the Classroom Movement Word Wall	5 Observe Movements and Sounds in Neighborhood Class Drumming
	8 Simon Says at the Park Class Tunnel Play	9 Snow Soccer at the Park Bean Bag Movement Games	10 Preschool Obstacle Course Balance Beam Walk	11 Introduce Children's Yoga Practice Yoga Poses	12 Visit Health-Works, What Did We See My Favorite Movement
	15 <b>School Closed Dr. Martin Luther King Jr. Day</b>	16 Create Dance Ribbons Ribbon Dancing	17 Who has My Shaker? Game Hop on Pop Bubble Play	18 Musical Chairs Parachute Play	19 Partners Twister Game Preschool Dance Party
	22 Musical Sensory Bottles Create Rain Sticks	23 Create Sound Shakers Create Paper Cup Hand Bells	24 Journal: My Favorite Dave Song is... 164 Music Show	25 Musical Instrument Pattern Making Tissue Box Elastic Band Guitars	26 Musical Parade to Library Create Paper Plate Tambourines
	29 Sing "I Can Do It" with Movements "Animal Boogie" Create Animal Masks	30 Sing and Dance "Mi Cuerpo" Pre-school Favorite Dave Song Book	31 KWL: What did We Learn about Music? Hokey Pokey		

**Sensory Table**  
Beans and Rice with Cups,  
Musical Note Paper Shapes

**Pretend Play**  
Musical Instruments, Pretend  
Microphones

**Blocks**  
Sandpaper Blocks, Rain Sticks,  
Tree Blocks, Bean Bags

**Writing Table**  
Journals, Music Note Paper

**Science Area**  
Musical Sensory Bottles, Echo  
Tubes, Shakers