



Sunshine Academy Preschool

March 2017: My Amazing Body



Mon

Tue

Wed

Thu

Fri

Introduction			1 KWL: What Do We Know About Our Bodies? Label Parts of the Body	2 Body Word Wall Body Tracing and Decorating	3 Explore Body Books Body Measurements with Blocks
Head and Brain	6 “What Do We Know About Our Brain?” Discussion Create Giant Preschool Brain	7 Play Memory Game 3D Brain with Pasta	8 “How to Keep Our Heads Safe” Discussion Make Helmets and Headgear	9 Skull Matching Activity Brain Jell-O Mold	10 Make “Thinking Caps” Spanish Brain Sing Along
Bones	13 Explore and Discuss Skeleton Skeleton Jigsaw Puzzle	14 Feel Ribs While Breathing Activity Make Bone Center	15 Sing Bone Song Full Body Skeleton	16 Explore X-Rays on Light Table Joint Motion Activity	17 Exoskeleton vs Skeleton Discussion Human vs Animal Skeletons
Insides	20 Discuss Our Heart: Identify Parts of Heart Find a Friend’s Pulse	21 Listen to Heart Using Stethoscope Color Heart	22 Discuss Lungs and How They Work Organ Model	23 Doctor Pretend Play Blood Consistency Activity	24 Blood Flow Activity Red Paint Splatter Art
Body and Movements	27 Assemble Human Body Model Body Poster and Movement Activity	28 Indoor Obstacle Course Relay Race at Crowley Park	29 Animal Yoga “Head, Shoulders, Knees, Toes” in Spanish	30 Follow the Skeleton Dance Game Twister	31 Freeze Dance KWL: What Did We Learn?

Sensory Table
Jell-O Mold, 3-D Pasta Brain, Red Beads and Tubes

Pretend Play
Doctor Kit, Animal Yoga

Blocks
Body Measurements, Mirror Blocks

Writing Table
KWL, Body Part Labels

Science Area
Full Body Skeleton, X-Ray Light Table, Organ Model