



Sunshine Academy Infant Program

March 2019: My Body



	Mon	Tue	Wed	Thu	Fri
Intro					1 Make a Whole Body Mobile <u>Toes, Ears, and Nose, Touch Toes, Ears, Nose</u>
My Face	4 Explore Our Own Faces in the Mirror Finger Paint Pictures of Our Own Faces	5 Smell and Look at Apples and Cinnamon Make and Taste Applesauce	6 Texture Masks Make Cheek Prints	7 Smell and Explore Cinnamon Dough Smell Different Spices	8 Musical Instrument Play Shake Shakers Left and Right
My Hands	11 Reach for Hanging Toys Tummy Time Reaching	12 Sand Hand Print Throw Ball	13 Practice Holding Sippy Cup Finger Food Snack	14 Double Hand Print Spiders Baby Sign Language Lunch	15 Textured Balls in Ball Pit Give High Fives
My Feet	18 Whole Group Rainbow Foot Mural Practice Taking Off Socks	19 Clay Ornament Foot Print Toe Tickle with Pom Poms	20 Foot Puppets "Tickle My Toes" Step On Feathers	21 Ink Foot Stamping Splash Feet in Sensory Bucket	22 Feet Up, Feet Down <u>The Foot Book, Bury Feet in Sand</u>
My Whole Body	25 Body Tracing Practice Standing With Ballet Bar	26 Dotter Stamping on Traced Body Glue Face Picture to Traced Body	27 Tunnel Play Touch and Play with Baby Dolls	28 Arms and Legs Go Up and Down Roll around in Ball Pit	29 Tummy Drumming Feather Body Tickling