



Sunshine Academy Infant One

January 2019: Us and Our Bodies!



| | Mon | Tue | Wed | Thu | Fri |
|--------------|--|---|---|---|--|
| All About Us | | 1 School Closed New Year's Day | 2 Sing "Head, Shoulders, Knees and Toes" Identify Body Parts Body Parts on Baby Dolls | 3 Family Picture Blocks <u>Where is Baby's Belly Button</u> Tickle Our Tum-mies | 4 Shadow Play Sing "My Body" Full Body Tracing |
| Face | 7 Read <u>Baby Faces</u> Paint on Pictures of Ourselves Class Pictures on Felt Board | 8 Sing "The Senses Song" Lemon and Orange Tasting Explore Various Spice Scents | 9 Read <u>My Body</u> Explore Mirrors Read <u>What's On My Head</u> , Put Hats On Our Heads | 10 Read <u>Mirror Me</u> , Paint on Mirrors Count Eyes, Ears, Noses, Mouths | 11 Peek-a-Boo with Rhythm Scarves Stack Class Picture Blocks |
| Hands | 14 Read <u>Ten Little Fingers</u> Count Fingers Pull Scarves from Bins | 15 Paint on Bubble Wrap Textured Ball Play | 16 <u>Hands Hands Fingers Thumb Tap</u> on Drum Color Mixing with Finger Paint | 17 Explore Colored Spaghetti Sing "Hip Hop Hands" Shake Hands | 18 Paint with Textured Balls Explore Ooblek |
| Feet | 21 School Closed Dr. Martin Luther King Jr. Day | 22 Read <u>Toes Ears and Nose</u> Foot Print Trail Kick Balls | 23 Textured Trail Walk Feet in Warm vs. Cold Water | 24 Sing "Tickle My Toes" Tickle Toes Explore Feathers with Our Feet | 25 Walk Up and Down the Structure Sing "Tap My Little Feet" Tap Our Feet |
| We Can Move! | 28 Sing "Can You Do It" with Body Movements Tunnel Play | 29 Crawl on Color Changing Panels Innertube Bouncing | 30 Roll Across the Classroom Up and Down Movements, Sing "Up and Down" | 31 Group Full Body Painting Baby Yoga | |