



# Sunshine Academy Infant One

## September 2018: My Body



	Mon	Tue	Wed	Thu	Fri
My Face	3 <b>School Closed Labor Day</b>	4 Read <u>Baby Faces</u> , Mirror Painting  Mirror Blocks	5 Read <u>The Nose Book</u> , Scented Paint  Scented Cotton Balls	6 Read <u>Yummy Yucky</u> , Lemon Tasting  Favorite Foods Snack Time	7 Read <u>Two Little Black Birds</u> , Quiet and Loud In- struments  Explore Windchimes
My Hands	10 Read <u>Hands Hands Fingers Thumb</u> , Tap on Drums  Shaker Painting	11 Explore Grass in the Outdoor Class- room and in the Senso- ry Ta- ble  Pull Textured Materials from Cylinder Tubes	12 Sing "If You're Happy and You Know It" with Hand Move- ments  Pull Paper Off of Contact Paper	13 Finger Paint on Bubble Wrap  Spider Web Basket Challenge	14 Sing "Open Shut Them" Practice Clapping  Pull at Hanging Toys
My Feet	17 Sing "One Shoe, Two Shoes," Ex- plore Shoes and Socks  Ankle Bell Dancing	18 Textured Paper Footprint Paint- ing  Soft Balance Beam Walk	19 Sensory Bag Fruit Squishing with Our Feet  Cereal Crunch Sensory Walk	20 Recite "This Little Piggy," Toe Counting  Toy Animal Foot Printing	21 Cold vs. Warm Water with Our Feet  Push Frozen Sensory Bottles with Our Feet
My Body Can Move!	24 Sing "I Can Do It" with Body Move- ments  Read <u>From Head to Toe</u> , Body Parts on Baby Dolls	25 Inner Tube with Balls  Sing "My Feet Can Stomp" Foot Stomping	26 Sing "Roll Over" Roll on the Floor  Roll on Hill at Dean Park	27 Body Paint with White Onesies  Sing "Copy Me" Mim- ic Movements and Sounds	28 Parent Yoga Ses- sion 9:15-9:45  Crawl Through Tunnel