



Sunshine Academy Preschool One

February 2019: Preschool Sequences



Mon

Tue

Wed

Thu

Fri

Introduction					1 First, Next, Last Sorting Journal: What I Love About Preschool
Self Care	4 Colored Soap on Tables Read Germ Busters Clean Germ "Hot Spots"	5 Spray Bottle Sneezes See How Germs Spread with Finger Paints	6 Mega Block Tooth Brushing Mirror Brushing with a Partner	7 Order Bathroom Steps Listening to Our Bodies Yoga Practice	8 Messy Snack, Wash Faces in a Mirror Wash Baby Dolls
Daily Routines	11 "Criss Cross" Practice Cross- ing Legs Take Turns Leading Circle Time	12 Partner Safety Check at Line Up Make a New Attendance Attention Song	13 "Mat Maker" Partner Mat Making Mat Clean Up Check List	14 Shirts and Pants Practice Socks and Shoes Practice	15 Tape Outline Jacket Flip Trick Practice Hats, Gloves, and Boots
Cleaning	18 School Closed Presidents' Day	19 Plate Relay Race Cleanest Table Con- test	20 Where Does It Go? Toy Hunt Team Cleaning	21 How to Treat a Book Chart Book Sorting	22 Mop Floors in Teams Finger Paint Tables then Clean Them
Emotional Well- Being	25 Feelings Facial Expressions in Mirrors Emo- tion Match- ing	26 Journal: When I Feel... Build Emotions Book	27 Problem Solving Social Stories Yoga and Guided Med- itation	28 Conflict Resolu- tion Map Journal: Tak- ing Care of My Friends	

Sensory Table
Toothbrushes, Soap, Water,
Sponges, Baby Dolls

Pretend Play
Baby Dolls, Clothes, Small
Mops

Blocks
Mega Blocks, Emotion Puzzles,
Emotion Cards

Writing Table
Emotion Pictures, Crayons,
Tracers, Yoga Cards

Easel
Mirrors, Finger Paint, Paint, Ink
Pads, Glitter