



Sunshine Academy Preschool One

March 2019: All Around the Kitchen



Mon

Tue

Wed

Thu

Fri

Introduction					1 Our Favorite Foods List Favorite Foods Taste Test
Kitchen Tools	4 Paint with Kitchen Tools Wash Dishes	5 Set a Table Fruit Cutting Fractions	6 Weigh Beans on Scales Bread Slicing Division	7 Musical Pots and Pans Measuring Cups and Rice	8 Grate Cheese and Taste Test Cook Pizza
Food Groups	11 Food Groups Sorting Parts of Our Lunch Chart	12 Balanced Meal Game Smell and Guess Spices	13 Cut Food Out From Magazines Food Group Collage	14 Savory vs. Sweet Taste Test Healthy vs. Un-healthy Food	15 Visit Whole Foods Whole Foods Map
Food Art and Science	18 Cut Fruit Stamps Fruit and Vegetable Rainbow	19 Berry Painting Apple Seed Counting	20 Noodle Necklaces Make Pickles	21 Potato Masher Stamps Feel and Guess the Vegetables	22 Life Cycle of Plants Plant Potatoes
Let's Cook	25 Peel and Cook Potatoes Mash Potatoes	26 Citrus Taste Test Smoothie Color Mixing	27 Mix, Measure, and Bake Oatmeal Make Apple Sauce	28 Share a Family Recipe Measure and Mix Scented Playdough	29 Slow Cooker Bread Butter Shaker Dance

Sensory Table
Measuring Cups, Rice, Flour, Spoons

Pretend Play
Aprons, Pots, Pans, Utensils, Pretend Food

Blocks
Magna Tiles, Wood Blocks, Pots and Pans

Writing Table
Lined Paper, Crayons, Markers, Clip Boards

Easel
Pretend Food, Cut Fruit and Vegetables, Paint, Ink Pads