



# Sunshine Academy Preschool One

## October 2017: Farm to Table



	Mon	Tue	Wed	Thu	Fri
Foods We Know	2 Introduce, Name Our Take Home Chef Food Pie Chart	3 Whole Foods, Where Food Comes From My Plate Collage	4 Favorite Foods Journal Healthy vs. Unhealthy Chart	5 Life Cycle of a Plant Plant Apple Seeds	6 Visit Stoked Pizza, English Muffin Pizza Lunch Stoked Pizza vs. English Muffin Pizza Chart
Down on the Farm	9 <b>SCHOOL CLOSED</b> <b>Columbus Day</b>	10 Udder Painting Churn Butter with Marbles	11 Shuck and Grind Wheat Mix and Bake Wheat Bread	12 "What is a Farmer's Market?" Visit Farmer's Market, Buy Herb Plants	13 Farm Stand Pretend Play Corn Painting
Foods Around the World	16 Familiar Multicultural Foods List Savory vs. Sweet Taste Test	17 Name That Spice Blindfolded Scent Search	18 Cinnamon Grinding, Apple Crisp Apple Sauce and Compare Texture	19 Dumplings with Ms. Julie Asian Restaurant Pretend Play	20 Burrito Making with Eric, Brady's Dad Pita Fractions with Avocado
Little Chefs	23 Shopping List, Star Market Visit Blend Smoothies	24 Mix and Roll Pasta Dough Cook Pasta and Tomato Sauce	25 Dough Rising Experiment Solar Oven Pizza	26 Parfait Patterns Visit Livite	27 Create Chef Hats <b>Hal- loween Carnival,</b> Family Recipe
From Me to You	30 Sticky Rice Balls Rice Exploration in Sensory Table	31 Potluck Prep, Set the Table Family Potluck			

**Sensory Table**  
Corn Meal, Beans, Rice,  
Measuring Cups & Spoons

**Pretend Play**  
Kitchen, Clipboards, Chef  
Dress Up

**Blocks**  
Farm House, Animals, Farm  
Blocks

**Writing Table**  
Clip Boards, Recipes, Menus

**Easel**  
Rolling Pins, Rice, Corn Meal,  
Stencils