



Sunshine Academy Toddler Two

May 2018: Healthy Me



	Mon	Tue	Wed	Thu	Fri
Healthy Habits		1 <u>Germ</u> Are Not For <u>Sharing</u> . Germ Experiment Cover Sneeze and Cough Practice	2 Number Teeth Chart Laminated Tooth Brushing	3 Handwashing Song; Practice Hand Washing Take Pictures For Washing Hands Steps Book	4 Height Chart People and Animal Size Comparisons
Healthy Eating	7 <u>Eating the Alphabet</u> , Felt Board Fruit and Veggie Collage	8 Trip to Star Market to Buy Fruit Fruit Salad	9 Squeeze Oranges Orange Juice Popsicles	10 Visit Livite, Make Fruit Smoothies Food Pyramid	11 Healthy Food Place Mats Fruit and Veggie Patterns
Exercise	14 <u>My Daddy is a Pretzel</u> Yoga Activity Cube	15 Jump Rope "Head, Shoulders, Knees, Toes" Name Body Parts	16 Balance Beam Parachute Play	17 Visit Marathon Sports Red Light, Green Light	18 Hopscotch; Count 1-5 Catch the Bubbles
Community Helpers	21 Community Helper Little People Doctor Pretend Play with Baby Dolls	22 Visit Fire Station, Practice Stop, Drop, Roll Shape Fire Truck	23 "I'm a Police Officer" Make Badges Police Officer Visit	24 Crossing Guard Game Paint Red Stop Signs	25 <u>Trashy Town</u> Paint Garbage Trucks Sort Recycling
Gentle Hands	28 No School Memorial Day	29 <u>Hands Are Not For Hitting</u> Gentle Hands What Are Hands For? Chart	30 <u>I Can Share</u> Partner Easel Art "Row Your Boat" Partner Rowing	31 <u>Rainbow Fish</u> Practice Sharing Fish Scale Collage	

Easel
Fruit & Veggies, Paint, Ink, Finger Paint, Number Stamps

Pretend Play
Shopping Carts, Pretend Play Food, Dress Up, Baby Dolls

Block Area
Community Helpers, Brick Blocks, Tree Blocks, Family Dolls