



# Sunshine Academy Toddler Three

## December 2017: Curious in the Kitchen



	Mon	Tue	Wed	Thu	Fri
My Plate					1 Introduce and Name the Take Home Chef "Woah Foods" vs. "Go Foods"
Fruits and Vegetables	4 Fruit and Vegetable Sorting Fruit and Vegetable Stamping	5 Make and Taste Smoothie Popsicles Exotic Taste Test	6 Favorite Fruits and Vegetables Tally Grapefruit Fractions	7 Cut Fruits with Plastic Knives; Chart Easy vs. Difficult Citrus Fruits on Light Table	8 Plant Vegetables Indoors Fruit and Vegetable Sculptures
Protein, Grains, and Dairy	11 Tofu Towers Count and Sort Beans	12 Rolling Chickpea Painting Pour and Measure Cups of Rice	13 Colored Spaghetti in Sensory Table Visit Barcelona and Make Bread	14 Pretend to Milk a Cow, Chart Milk Products Oats and Grains Collage	15 Low Sugar "Kick-the-Can" Ice Cream Grate Cheese and Taste
Little Chefs	18 Practice Pouring Milk Germ Experiment; Hand Washing	19 Favorite Food Collage Utensil Painting	20 Large to Small Dish Sorting Paper Chef Hats	21 Spice Smelling and Painting Banging Pots and Pans	22 <u>Alphabet Soup</u> , Letters in Sensory Table Fork Drawing in Salt
Family Traditions	25 <b>School Closed Christmas Day</b>	26 Soda Bread with Jess Favorite Foods at Home Chart	27 Guacamole with Kendra's Mom Decorations for "Family Dinner"	28 Cook as a Group for "Family Dinner" "Family Dinner" Event	29 Family Cookbook with Chef Home Kitchen Picture Book

**Sensory Table**  
Flour, Rice, Cornstarch, Breadcrumbs, Oatmeal, Measuring Cups, Utensils

**Pretend Play**  
Kitchen Food and Utensils, Aprons, Baby Dolls, Family Dolls, Farm Animals

**Easel**  
Fruits, Vegetables, Stamps, Ink Pads, Paint, Flour, Glue, Spice Paint