



Sunshine Academy Toddler Three

January 2017: Food In Our World



| | Mon | Tue | Wed | Thu | Fri |
|-------------------|---|--|---|--|--|
| Vegetables | 2 School Closed New Year's Day Observed | 3 Our Favorite Vegetables Chart Spaghetti Squash In the Sensory Table | 4 Cut and Explore Peppers and Tomatoes Veggie Stamping | 5 Field Trip to Star Market: Vegetables in Mandarin Smash and Eat Avocados, Pit Marble Painting | 6 Celery Dyeing Experiment Alphabet Soup. Make Soup |
| Fruits | 9 Fruit Fractions Make Fruit Sushi | 10 Citrus Stamping Floating Orange Experiment | 11 Make and Taste Fruit Smoothies Practice Cutting Bananas | 12 Make Fruit Skewers Fruits on the Light Table | 13 Alphabet Apple Picking Bubble Wrap Grapes |
| Grains | 16 School Closed Dr. Martin Luther King Jr. Day | 17 "Muffin Man," Make Zucchini Muffins Oats and Grains in the Sensory Table | 18 Rainbow Toast Painting Threading Cheerios | 19 Give a Pig a Pancake, Make Pancakes Paper Plate Spaghetti Craft | 20 Make and Eat Muddy Buddies Spaghetti Brushes |
| Dairy and Protein | 23 <u>Humpty Dumpty</u> , Hard Boiled Egg Dyeing Peel and Eat Hard Boiled Eggs | 24 Yogurt Paint Magic Milk Experiment | 25 Make Ice Cream Visit Whole Foods Cheese Department | 26 Spout and Observe Beans Bean Sorting | 27 Peel and Eat Edamame Tofu Towers |
| T3 Restaurant | 30 Build a Brick Oven, Pizza Pretend Play Decorate Placemats | 31 Explore and Make Menus Food Color Sorting | | | |

Sensory Table
Rice, Squash, Cheerios, Ramen, Seeds, Oats, Spaghetti, Water

Pretend Play
Kitchen Tools, Pretend Food, Grocery Carts, Baby Dolls, Brick Oven

Block Area
Fruit Counters, Cardboard Bricks, Bubble Wrap, Delivery Trucks