



# Sunshine Academy Toddler Three

## January 2017: Food In Our World



	Mon	Tue	Wed	Thu	Fri
Vegetables	2 <b>School Closed New Year's Day Observed</b>	3 Our Favorite Vegetables Chart Spaghetti Squash In the Sensory Table	4 Cut and Explore Peppers and Tomatoes Veggie Stamping	5 Field Trip to Star Market: Vegetables in Mandarin Smash and Eat Avocados, Pit Marble Painting	6 Celery Dyeing Experiment Alphabet Soup. Make Soup
Fruits	9 Fruit Fractions Make Fruit Sushi	10 Citrus Stamping Floating Orange Experiment	11 Make and Taste Fruit Smoothies Practice Cutting Bananas	12 Make Fruit Skewers Fruits on the Light Table	13 Alphabet Apple Picking Bubble Wrap Grapes
Grains	16 <b>School Closed Dr. Martin Luther King Jr. Day</b>	17 "Muffin Man," Make Zucchini Muffins Oats and Grains in the Sensory Table	18 Rainbow Toast Painting Threading Cheerios	19 Give a Pig a Pancake, Make Pancakes Paper Plate Spaghetti Craft	20 Make and Eat Muddy Buddies Spaghetti Brushes
Dairy and Protein	23 <u>Humpty Dumpty</u> , Hard Boiled Egg Dyeing Peel and Eat Hard Boiled Eggs	24 Yogurt Paint Magic Milk Experiment	25 Make Ice Cream Visit Whole Foods Cheese Department	26 Spout and Observe Beans Bean Sorting	27 Peel and Eat Edamame Tofu Towers
T3 Restaurant	30 Build a Brick Oven, Pizza Pretend Play Decorate Placemats	31 Explore and Make Menus Food Color Sorting			

**Sensory Table**  
Rice, Squash, Cheerios, Ramen, Seeds, Oats, Spaghetti, Water

**Pretend Play**  
Kitchen Tools, Pretend Food, Grocery Carts, Baby Dolls, Brick Oven

**Block Area**  
Fruit Counters, Cardboard Bricks, Bubble Wrap, Delivery Trucks